

PSYCHOSOCIAL/MESH SPECIALIST

Mental Emotional Social Health

Qualifications:

1. NJ licensed social worker, professional counselor, psychiatrist or psychologist preferred
2. Basic knowledge of type 1 diabetes and its management required
3. Direct pediatric diabetes experience preferred
3. Demonstrated experience with chronic illness and its psychosocial components
4. Demonstrated experience working with people ages 7-24
5. Ability and willingness to work as a part of a multidisciplinary team
6. Knowledge of HIPAA confidentiality rules.

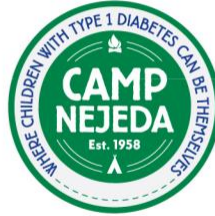
Reports to Health Center Director and Camp Director

Purpose

1. To provide ongoing psychosocial support to campers and staff in the camp environment
2. To help address camper and/or counselor psychosocial issues and crises as they arise
3. To identify appropriate follow-up resources to families, campers and staff

Duties/Responsibilities

1. Maintain complete confidentiality as per HIPAA guidelines except when someone is threatening harm to self or others or other legally mandated reporting is required such as suspected child abuse/neglect.
2. Communicate with senior program and Health Center staff as appropriate to promote camper and counselor well-being.
3. Attend and participate in staff training week to
 - build his/her basic understanding of type 1 diabetes, daily life at camp, and camp policies and protocols
 - Introduce him/herself to staff
4. Provide training during staff week on basic MESH care for campers and staff including:
 - effective crisis and de-escalation techniques
 - wise use of time off and other self-care techniques
 - How to handle campers with mild autism, eating disorders and homesickness
5. At the start of each session advise the Unit Leaders and assigned cabin staff of potential issues and ways to handle them.
 - Review developmental histories of campers provided by the Health Center Director prior to sessions' starting.
 - Review the Confidential Intake forms for any psychosocial issues and any psychotropic medicines being administered at camp.
6. Participate in camp activities to develop rapport with campers and counselors and educate them on available support services.



7. Help address interpersonal issues that arise between/among campers and/or counselors and follow up as necessary.
8. Utilize appropriate crisis intervention and de-escalation techniques when appropriate with campers and staff.
9. Facilitate de-briefing groups or individual sessions as needed after a crisis
10. May make and maintain an anonymous suggestion box to refer staff for stress-related interventions.
11. Facilitate developmentally-appropriate sessions regarding diabetes and mental health once a session with each cabin, focused around self-care and mindfulness
12. Facilitate evening “Talk-a-betes” sessions in each cabin to provide psychosocial assessment and interventions in a group setting.
13. Be knowledgeable about the best-practice guidelines relevant to children and young adults as laid out by National Association of Social Workers (NASW) and any other ethical guidelines psychologists/psychiatrists have.
14. Serve as role models for staff and campers.
15. Follow and enforce all Camp Neveda policies.
16. Confidentially document all activities regarding individual campers or staff on a secure camp server accessible to only the Health Center and Medical Directors.
17. All other duties as assigned.

Revised 12/2022