



LIT Diabetes Self-Management Agreement 2024

Recognizing that most of Camp Neveda’s Leaders in Training (LITs) probably manage their own diabetes at home, the Medical Committee would like to allow them to manage their diabetes at camp under the supervision of the Health Center staff.

Each LIT will determine insulin bolus doses as per the camp routine along with making adjustments in basal rates or long-acting insulin.

The LIT is required to report and record all of their glucoses, carb intakes, insulin boluses and basal rate changes in the “Kardex” record used for all campers and counselors under the supervision of the LIT nurse. The record must be kept up to date before every meal and after the meal when appropriate. The LIT nurse will maintain open communication with each LIT to discuss their individual diabetes management decisions and provide continuing education on their expected responsibilities in caring for themselves and others. The records will be reviewed by the pediatric endocrinologist daily who may overrule the LIT’s choices when they feel it is appropriate and after having a conversation with them as to why.

Both the LIT and his/her parent(s)/guardian must agree that the LIT is responsible for diabetes management and the consequences of those decisions.

By signing below, I certify that I have read and understand the above Neveda policy regarding LIT Diabetes Self-Management and either Agree or Do Not Agree to have my child self-manage during the LIT Program (please place an X next to one of the two options below).

_____ Agree _____ Do Not Agree

Parent’s signature _____ Date _____

LIT’s signature _____ Date _____

Revised 9/2023