

# CAMP NEJEDA PACKING GUIDE

Camp Nejeda is not responsible for items lost, destroyed, or left at camp. We recommend packing old clothes. Please label all clothes with the camper's name. **Camper's in 2-week sessions have access to laundry services at no cost.** Campers should still pack enough of the following items to cover at least one week.

Clothing	Cabin Items	Toiletries	Optional / Suggested*
<ul style="list-style-type: none"> <li>• 7 T-shirts</li> <li>• 1 Sweatshirt</li> <li>• 5 Shorts</li> <li>• 1 Jeans/pants</li> <li>• 10 Underwear</li> <li>• 10 Sock pairs</li> <li>• 2 Pajamas</li> <li>• 2 Swimsuits</li> <li>• 1 Raincoat</li> <li>• 1 Laundry bag</li> <li>• 1 Water shoes</li> <li>• 2 Sneakers</li> <li>• 1 Hiking boots</li> <li>• 1 Casual dance outfit (Nice shorts/polo, sundress, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• 3 Sets of twin sheets</li> <li>• 1 Pillow case</li> <li>• 1 Pillow</li> <li>• 2 Blankets</li> <li>• 1 Flashlight</li> <li>• 1 Labeled water bottle</li> </ul>	<ul style="list-style-type: none"> <li>• 2 Towels</li> <li>• 1 Washcloth</li> <li>• Toothpaste</li> <li>• Toothbrush</li> <li>• Deodorant</li> <li>• Shampoo &amp; Conditioner</li> <li>• Body wash</li> <li>• Shower caddy</li> <li>• Sunscreen</li> <li>• Bug repellent</li> </ul>	<ul style="list-style-type: none"> <li>• Tissues*</li> <li>• Small fan*</li> <li>• Swim goggles*</li> <li>• Sleeping bag</li> <li>• Musical instrument</li> <li>• Swim shirt</li> <li>• Hair ties</li> <li>• Books*</li> <li>• Bicycle &amp; Helmet</li> <li>• Personal sports equipment</li> <li>• Letter writing materials*</li> <li>• Storage container (8in clearance under bed)*</li> <li>• A white shirt to tie dye*</li> </ul>



**If you would like to receive mail from your camper, please send self-addressed, stamped envelopes and/or postcards.** This is a big help to your camper's counselor. Please put cabin and spec number on all letters and packages to your camper. You will receive this number on Intake Day. If you send mail ahead of your camper's session, please mark with your camper's name and session.



Sandals AND Crocs may be worn at camp if they have a heel strap. Flip-flops CANNOT be worn as normal footwear at Camp Nejeda and may ONLY be worn for showering and the pool.



**The following items are not permitted at camp:** Cell phones (see CGM and Cell Phone Policy for exceptions); smart watches; rollerblades; skateboards; swim fins, swim masks, and snorkels; food, candy, gum; knives and all cutting tools; matches, sparklers, caps, etc.; cigarettes, vapes, valuables, and money. **NO INSULIN OR MEDICATIONS ARE ALLOWED IN CAMPER CABINS.**