

MEDICAL SUPPLIES PACKING GUIDE 2023

ALL OF THESE SUPPLIES & MEDICATIONS MUST BE BROUGHT TO THE HEALTH CENTER DURING THE INTAKE PROCESS SO THEY CAN BE PROPERLY LABELED AND STORED.

<u>INFUSION SITES</u> are changed every three days at camp. Please bring TEN (five for the one-week sessions) change-outs to camp on intake day. Bring reservoirs, infusion sets, IV prep, dressings, and EMLA cream if used. Also bring extra batteries, your inserter; and anything else you use. Unused supplies will be returned when you come to pick up your camper. *Please remember to get those supplies when you pick up your child so we don't have to charge you \$10 to ship them.* Please do not arrive at camp needing to change your pump site on intake day. Please change it Saturday or Sunday before you come to camp.

<u>INSULIN PENS</u>: If your child uses a pen with refill cartridges (ex: NovoPen Echo, HumaPen Luxura, InPen) please bring the PEN with you. It will be labeled with the camper's name and returned at the end of camp.

<u>INSULIN:</u> Camp will supply most types of common insulin. If your camper is using a new or unusual form of insulin, please contact Camp Nejeda before arriving to determine if you need to bring your insulin.

<u>CGMs</u>: You will need to bring all supplies needed to manage & maintain your child's CGM. This includes: at least 3 sensors (more if they fall off frequently), 1 extra transmitter, tape/adhesives, receiver (if used), phone charging cord & block. The receiver, phone and all cords and blocks must be labeled with camper's name prior to coming to camp. We do not have extra CGM supplies to lend to campers. If your camper runs out of supplies while at camp we will discontinue use of the CGM.

NON-DIABETES MEDICATIONS:

- No medications, including over-the-counter items and vitamins, are permitted in the camper cabins except asthma inhalers.
- All prescriptions must be **in their original bottle with a pharmacy label.** If the current dose does not match the dose on the label you must also bring a written note or prescription from the prescribing physician. Otherwise, we cannot accept/dispense it.
- Please send a few extra pills for the session in case one is dropped.
- Over-the-counter (OTC, non-prescription) medicines (including vitamins) will NOT be administered at camp unless you provide a signed request from the child's physician that we do so (see *Administration of Medications at camp* form).
- If your child takes allergy or asthma medication, **please** remember to bring it to camp (with a doctor's order) even if he/she has not used it recently. Allergies may be triggered in the camp environment.

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