

FAMILY CAMP PACKING GUIDE

THINGS TO BRING:

For everyday use at camp pack OLD CLOTHES.

insulin and all diabetes supplies	blankets
shirts	sheets (twin size)
socks, shoes	pillow w/case
swimsuits	tissues (box)
short pants	robe or wrap and flip-flops for trips to the
long pants (for warmth and insect	shower building
protection)	towels
sweaters/sweatshirt	toiletry articles
pajamas	bug spray
extra underwear	laundry bags
raincoat/poncho	sunscreen
flashlight (extra batteries)	

Extra blankets may be a good idea, too. It can get cold at night. Please bring a silly hat for everyone in your family for the Silly Hat Lunch!

OPTIONAL ITEMS:

____fishing gear ____bicycle w/helmet ____personal sports equipment (baseball glove, pads, etc.)

We have all your basic sports equipment for ball sports, etc.

THINGS NOT TO BRING:

- No pets are allowed
- Alcohol is not permitted on the grounds
- Rollerskates or Rollerblades

- Firearms are not permitted
- Illegal items or substances are not allowed on the grounds

Camp Nejeda cannot be responsible for anything lost, destroyed, or left at camp.