

REGISTRATION PACKET – DAY CAMP FORMS 2023 TABLE OF CONTENTS

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REGISTRATION FORMS CHECKLIST 2024

The following forms need to be completed and/or on file before your child comes to camp. Additional copies of forms can be downloaded at www.campnejeda.org.

RETURN to Camp	with Registration Form
Health I	History to be completed by parents
Develop	omental History Form
Insulin	Contract and Behavior Agreement
Continu	ous Glucose Monitor and Cell Phone Form, if applicable
Medical	Privacy Policy & Disclaimer (HIPPA Form)
Closed-	Loop Insulin Pump Policy
Learnin	g Opportunity (for campers without diabetes only)
RETURN to Camp	by March 1, 2024
Photoco	py of child's immunization record(s) (no form enclosed)
Day Car	p 2-weeks BEFORE Camp Session Starts: mp Recommendations Form
	Day Camp Intake Form (must be completed by child's endocrinologist within 3 as of the start of camp)
	stration of Medications at Camp Nejeda (only needed if medications other than insulin are ed at camp)
BRING to Camp o	n INTAKE DAY
Health I	nsurance and Prescription Card so a copy can be made
RiverW	inds Release (for South Jersey campers only)

PARENT INFORMATION (read, do not return)

- Camper Packing Guide
- A Note from the Medical Committee
- Head Lice Policy
- Pumps, Pens and Non-Diabetes Medications
- Camper Internet and Technology Policy

These forms help us to plan for your child's visit.

Incomplete or missing forms slow down the intake process for everyone.

Please return all forms before or by the dates indicated above.

Thank you.



Camper's

Dates

Overnight Sessions:

Summer and Extended Programs

2024 Registration

Dates

Price per

Day Camp Sessions:

Please complete all 3 pages of the application and return it with \$50 non-refundable registration fee

Price per

		Age		camper	<u> </u>			camper
Session 1 – one week (5 i		7-12 years old	Jul 2 to Jul 7	\$1,200		h Jersey – Week 1	Jul 8 to Jul 12	\$450
Session 2 – two weeks (1		8-13 years old	Jul 9 to Jul 21	\$2,300		h Jersey – Week 2	Jul 15 to Jul 19	•
Session 3 – two weeks (1		13-16 years old	Jul 23 to Aug 4	\$2,300		h Jersey – Both Weeks		
Session 4 – one week (5 i		11-15 years old	Aug 6 to Aug 11	\$1,200	Othe	er locations – 1 week	TBD	TBD
Session 5 – one week (5 r	nights)	7-15 years old	Aug 13 to Aug 18	\$ \$1,200	*Price in	cludes \$50 registration fee (r	efundable until Mav 1 ur	less Camp
						ancels the program).		
Price includes \$50 registration fe	ee (refundat	ole until May 1 unless C	amp Nejeda cancels th	e program).	All Day C	amps are ages 6-15.		
*Due to capacity limitations and vants to, campers are limited to o				p Nejeda that	All Day C	amps are ages 0 15.		
vants to, campers are limited to (one overnigi	nt session during summ	ier 2024.					
Family Camp Sessions:	Dates		Price pe	er	Spring	Programs:	Dates	Price p
7 L 5 "L . 6	F	4 . 6	family (of 4**				Campe
June Family Camp August Family Camp 1		1 – Sun, Jun 23 (2 nigl 18 – Tue, Aug 20 (2 n			Sprin	g BFF Weekend	Jun 7 to Jun 9	\$275
August Family Camp 2		22 – Sat, Aug 24 (2 ni	• ,					
Labor Day Family Camp	_	31 – Mon, Sep 2 (2 ni			*Price in	ncludes \$50 registration fee	(refundable until May	1 unless
— **Price includes programs, accomm	odations and	d food for up to four fam	ily members. Price inclu	des \$50		ejeda cancels the program)		
registration fee (refundable until M 575 each.	ay 1 unless C	amp Nejeda cancels the	program). Additional far	nily members ar	e BFF Wee	ekend ages 6-16.		
BIRTHDATE:			M F Ot	her:		Preferred Pr	ronouns:	
ADDRESS:								
	STREE	T					APT#	
						COUNTY:		
	CITY		STA	TE	ZIP			
Parent One				Pare	nt Two			
Relationship to cam	per			Rela	tionship to	camper		
Address (if different					ess (if diffe			
Address (il dillerent	,			Addi	C33 (II dill'C	,		
Email				Ema	il			
Employer				Emp	loyer			<u>.</u>
Llama Dhana				-	e Phone			
Work Phone			<u>.</u>		k Phone			
Cell Phone					Phone			
Cell Filone				Cell	HOHE	-		
IN EMERGENCY, if p	narents 1	or guardians car	anot he reached	notify				
IIV LIVILINGLINGE, II L	Jai Elits (n guarulalis cal		•				
			Relation	onship		Cell Phon	e	

Please complete all 3 pages of the application – thank you!



CAMPER'S NAME:
RACE (circle): American Indian/Native American Native Hawaiian/Pacific Islander African American Hispanic Asian White
To celebrate the diverse backgrounds of everyone at Camp Nejeda, flags are displayed in the dining hall which represent our cultural heritage. If you would like to participate, please tell us which countries you would like included:
Age when at camp in 2024
FAMILY CAMP: Number of family members attending (adults and children): Children's Names (checkmark indicates child with diabetes): DOB DOB DOB DOB
Adults' Names (with DOB):
Does your camper use an insulin pump?
Where did you learn about Camp Nejeda?
Is your camper a first-time or repeat camper at Camp Nejeda?
First-Time Camper: Welcome! New campers have the opportunity to be assigned a Dia-buddy: a returning camper they can connect with before camp, who is registered to attend their camp session. Are you interested in having a Dia-buddy?
Returning Campers: Welcome back! Is your camper interested in becoming a Dia-buddy to help welcome a new camper to camp? ———————————————————————————————————
By signing below, I give Camp Nejeda permission to give my name and contact information to another camper parent for the purpose of my child's participation in the Dia-buddies program.
Signature Date

Please complete <u>all 3 pages</u> of the application – thank you!



	Continued from page	2 2
CAMPER'S NAME:		
and whatever other medical care and advice may be demade to contact parents or guardians of campers. In the	eemed necessary while at one event that I cannot be re	child for camp. I give consent to the administration of insulin camp. In case of emergency, I understand every effort will be eached, I hereby give permission to the camp physician and/or
 camp director to hospitalize, secure treatment for my to said child occurring at camp or on a camp-sponsore Family Camp: I accept responsibility for my care and tl Image Release: I give permission for the use of picture 	d trip off the camp site. he care of my family while	
educational material or other purpose deemed necessary by the Camp Nejeda Foundation, Inc. Cancellations / Refunds: Fees (minus the registration fee) will be refunded up until 2 months before the camper's session begins. Within two months of the session, a refund or credit may be applied if the camper's spot is able to be filled. Registration fees are refundable until May 1 unless the camp program is canceled by Camp Nejeda.		
Camp Nejeda Communications: Camp Nejeda commun	nicates with parent(s)/guar	dian(s) of campers using assorted communication tools to send communications to the family - <i>please do not opt</i> -
Signature	Date	Relationship to Camper
Bunkmate Request		
Our program staff will do all they can to grant re BOTH camper families do not make the request understanding! To inquire about the availability of an all-gender	then we may not be a	able to accommodate you.) Thank you for your
		· · · · · ·
_		lude registration fee in calculations.) I will pay any balance owed before May 1, 2024 .
I am paying the entire balance now.		
I have enclosed the \$50 registration fee and w Number of payments (circle): 1 2 3		ment plan. (Full payment is due by May 1, 2024.) at is due by May 1, 2024)
	3 4	

Please complete <u>all 3 pages</u> of the application – thank you!

I have enclosed the \$50 registration fee. I will be applying for financial aid. (Applications are available online now or you

Please accept my tax-deductible donation in support of Camp Nejeda's programs

can request a paper copy from our office at 973-383-2611. Applications must be submitted by April 15, 2024.

for children and families with diabetes. \$

Payment will be coming from a third party (other than a parent/guardian).

I will send my payments by check or money order payable to: Camp Nejeda.

I will call the office to make a credit card payment.

Please include contact information for the third party: _

I have enclosed the \$50 registration fee.



CAMPER HEALTH HISTORY 2024 page 1 of 2

(To be completed by Parents)

Camper	Birthdate	Session		
Last Name First Name				
Parent or Guardian				
Home Address				
Employer Name				
Business Address				
Second Parent or Guardian	Home Phone			
Home Address	Cell Phone			
Home Email Address				
Employer Name				
Business Address				
If not available in an emergency, notify:				
NameRelatio	nshipPhone			
Address				
HEALTH HISTORY				
Frequent Ear Infections Hypertension				
Heart Defect/Disease ADHD				
Diabetes				
Asthma				
Bleeding/Clotting Disorders				
Convulsions/Seizures most recent date:	<u>—</u>			
Incontinence (bedwetting, soiling) Environmental Allergies Food Allergy (need	MD verification)			
Other				
Operations or serious injuries (include dates)				
Does your child require any medication other than insulir	n? If we splease complete the Admir	 histration of Medication		
form and list medications here:	··· <u></u> ·· <i>, </i>			
Name of Family Physician/Pediatrician	Phone			
Name of Endocrinology Practice:				
Name of Endocrinologist(if applicable)				
Name of Dentist/Orthodontist				
Do you carry family medical/hospital insurance?				
Proceedation Plan	Policy or Group #			
Prescription Plan YOU MUST BRING YOUR INSURANCE CARD TO CAMP AT				
Name of Subscriber	Subscriber's Date of Birth			

[COMPLETE AND SIGN PAGE TWO]

HEALTH HISTORY 2024 page 2 of 2

Has your child ever had a seizure with a low blood sugar?	
If on an insulin pump, please list brand/model:	Pump serial number:
If on an insulin pump, when did they begin using this pump?	
Has he/she had any problems with this pump? (If yes, please describ	
If on an insulin pump, what is their level of independence? (check an Able to input carbs into pump with adult supervision What was the result and date of your child's last Hemoglobin A1c (Diabetes Diagnosis Date (month/year): What rapid acting insulin does your child use? If on injections, what skill(s) does your child have? (check any the Prepares pen for injection Injects self None or	Requires nurse to enter carbs into pump HbA1c)? Test Date: Age at Diagnosis: Long acting? that apply) f the above
What is your child's level of activity? Active Moderate Seder	ntary If sedentary, how many hours/day are they sedentary?
If applicable: Has your child ever had a period? If yes, does your child have periods every month?	If not, has your child been told about it? Any problems with periods?
PLEASE NOTE: YOU MUST PROVIDE A COPY OF YOUR CHILD CONNOT BE ALLOWED submit by 3/1/2024. Suggestions for camp medical personnel	IN CAMP WITHOUT THIS INFORMATION. <u>Please</u>
If my child attends camp, I give consent to the administration of in- necessary while at camp. In case of MEDICAL EMERGENCY, I under guardians of campers.	
I do hereby state that I am the parent/guardian having legal custoo	
I authorize Camp Nejeda to consent to any laboratory or X-ray examples hospital care to be rendered to my child under the supervision of a for any accident or injury to said child occurring at camp or on a caphotocopied as necessary.	a licensed physician. I hereby release the camp from liability
Signature	Date
Print Name	Relationship to Camper



DEVELOPMENTAL HISTORY 2024

Camper	Session	
Last Name	First Name	
Does your child have a 504 or IEP	at his/her school for any reason other than their diabetes?	Yes No
If your child has an IEP or 504 at s	school, would you be willing to share important topics of the document with	us?
If yes, please list important topics	s:	
Have there been any recent chan	ges in your family dynamics (divorce, separation, death of loved one, etc.)?	Yes No
If yes, please explain:		
Have there been any impactful ev	vents in your child's life in the past year (change of home or school, etc.)?	Yes No
If yes, please explain:		
Has your child been hospitalized	or evaluated for any mental health concerns?	Yes No
Does your child have any emotion can help to manage in the camp s	nal or behavioral challenges (homesickness, anxiety, socialization challenges, setting?	etc.) that we
If yes, please share details:		∐ Yes ∐ No
If your child becomes upset, wha	t kinds of coping mechanisms do they use to calm down?	
	l issues that we will need to know about during his/her stay at camp (bedwet	ting, sleep
walking, night terrors, etc.)?		Yes No
If yes, please share details:		
Is there anything about your child	that you can share with us that will help your child to succeed at camp?	Yes No
If yes, please explain:		
What are your camper's interests	5?	
What are your camper's biggest f	ears?	



Summer Camp Insulin Contract and Behavior Agreement 2024

C	Camper	Session
	LAST NAME, FIRST NAME	
	Parents: Please take a moment to review you both understand and agree to each	view the following agreement with your camper. Signify that ch statement by checking the box.
-	use one. All insulin will be kept with the	yed to carry or possess insulin except the insulin that is in my pump, if I e medical staff at all times. Insulin administration will only be done or an insulin pump, I will not administer insulin to myself and will not to do so by a nurse or doctor.
כ	Insulin: Anyone possessing or administration	ering insulin without the knowledge of the Camp Nejeda nurse or doctor scretion of the camp. No refunds will be given.
))	_	positive attitude, open to meeting new people and trying new activities up towards creating a group environment that is safe and welcoming for
_	I will work with my counselors and groexpectations.	oup to set expectations for our group behavior and will adhere to these
	I understand that doing intentional harm for dismissal from camp.	n or bullying another camper, either physically or emotionally, is grounds
<u></u>	to listen and assist if there is a problem.	le to solve some conflicts on my own, my counselors are always ready. I understand that my counselors and all of the camp staff need and war g to share any concerns that I have with them.
))		group as required. erstand that the use of excessive, deliberate, profane language will not
_	-	erstanding that if there is an emergency I should notify a camp staff licy for exceptions to this rule).
_	devices.	amp: laptop computers, IPod Touches, smart watches, handheld gaming
		personal space of other campers. I will only use my camera in tures of those who agree to be photographed. I will not bring any video
-	on the camp grounds.	aterials, lighters, matches, illegal drugs, alcohol or weapons of any kind
	_	behavior agreement and understand that not following these ctions including dismissal from camp.
	Camper's Signature:	Date
	Parent's Signature:	Date



Continuous Glucose Monitors (CGM) and Cell Phones 2024

(Please read, sign and return if applicable)

Cam	per Birthdate Session
Cell 1	Phones
nearby	p Nejeda we keep campers as safe and healthy as we can while they have fun and learn. Many diabetes devices require that a camper have a cell phore o continuously monitor their glucose or control their insulin pump. The cellphone is permitted as a medical device only; using the cell phone for others is not allowed at camp. The camper will be responsible for carrying the phone during the day and charging the phone nightly.
	er/family may opt for the phone to be used for night time monitoring only. Those cell phones will be locked in their cabins so that their glucose can be d in the Health Center at night.
1.	Nejeda will not be responsible if the cell phone or CGM receiver is lost, stolen or damaged.
2.	At intake the SIM card will be given to the parent/guardian to take home. This prevents a camper from using their phone for any non-medical purpose. (This does not apply to BFF Weekends.)
3.	The phone will be connected to a limited Wi-Fi to allow the Health Center to monitor glucoses.
4.	At intake, we will turn off any communication from the cell phone to the parents/guardian, e.g., following glucoses. (This does not apply to BFF Weekends.)
5.	Campers will not be allowed to use the phone to call, text, take pictures or access the internet. Taking pictures is prohibited because other campers have not consented to have their pictures taken.
6.	Failure by campers and/or parents to follow these rules will result in the cell phone being inactivated and placed in the camp director's office for the remainder of camp and can also result in camper being sent home from camp.
7.	Please make sure you pick up your child's cell phone, charger and cord at the end of camp. If you neglect to do so, we have to charge a nominal fee for shipping it.
CGM	\mathbf{s}
Γhis po	icy and procedure is intended to allow the maximum benefit from CGMs with the least burden for the camper, counselor, and medical staff.
an alte	otentially reduce the risk of missing important hypo- or hyperglycemia and, for those models and camper ages that are FDA approved, provide native to finger stick glucose measurements. CGMs require responding to their alarms, which may require a check of blood glucose with a
	GMs monitor the glucose surrounding the cells (interstitial) instead of blood glucose, the readings are delayed by about 15 minutes compared glucose.
l. Wh	enever possible, CGM readings will be used to manage a camper's diabetes. There may be times when a finger stick is necessary, particularly e CGM alarms.
	ause camp is noisy and tired people sleep soundly, any receiver alarm will be set at its loudest. The repeat alarm interval will be set at ninutes for a low glucose and 120 minutes for a high glucose. (This does not apply to BFF Weekends.)
	amp the low glucose alarm willbe set at 70 and the high alarm at 300 mg/dl to maximize the value of the alerts and minimize interruptions etivities and sleep. (This does not apply to BFF Weekends.)
4. If t	e camper so chooses or at the discretion of the pediatric endocrinologist at camp, use of the CGM may be discontinued for all or part of the The endocrinologist will most likely discontinue use of the camper's CGM if it has many false alarms.
5. We Alt cap	understand that some parents are able to follow their child's BG readings through certain apps that connect directly to the Dexcom servers. ough we will not be removing apps from a parent's phone, we do strongly encourage parents to temporarily disconnect their follow ability in order to take a well-deserved respite from the stress of constantly having to monitor diabetes. Be assured that we are also owing your child. We will receive the same alerts and treat them accordingly and in a timely manner.
	I have read and understand the above Nejeda policy regarding Cell Phones and CGMs.

Parent's signature_____

Camper's signature_____



Authorized Signature

MEDICAL PRIVACY POLICY AND DISCLAIMER 2024

Camper		Birthdate	Session
LAST NAME,	FIRST NAME		
information. Although Cam	p Nejeda is not a health (PHI) includes informa	care provider, we are telling yo tion about: (1) an individual's	ects the privacy of a patients' health ou some of your rights under HIPAA. physical or mental condition; (2) the
you tell us is sensitive exce medical personnel, the can Nejeda is administered by administrative person, may n	ept as related to diabetes inp director, the executive of a team, anyone on the require access to an indivi	as noted below. The files are e director and his/her designe at team, including nurses, d dual's record. In addition, if car	lealth Information (PHI) that we think or kept locked and are only available to ses. Since, the medical care at Camp octors, residents and a health center e is required in an Emergency Room or s to an individual's medical records.
insulin doses, and medication	ons taken by an individual ion are performed in a gr	other than insulin. Since glucos oup setting, anyone in the group	or staff. This includes glucose readings, se measurement, insulin administration up might view another person's health
shared with or marketed t authorization. An authorizatreatment, payment and hea	o an outside business s ation allows the use and alth care operations. Other	uch as a life insurer or mark disclosure of protected healt	nealth care, nor can such information be teting firm without a patient's written the information for purposes other than tight be discernable to others in a group tion.
Release and Consent			
Camp Nejeda. I agree that t might be in a medical facilit	these limits are reasonable ty. I understand that Cam	e and that the medical informa	medical information will be protected by tion cannot be kept as confidential as i ethod to enhance confidentiality beyond ticipation in Camp Nejeda.
Printed Name of Signer		Relationsh	nip to Camper

Date



Closed-Loop Insulin Pumps 2024

This guideline and procedure is intended to assure the safety of children with closed-loop insulin pumps. Closed-loop pumps (CLP) are a major advance in technology that promotes the health of those with diabetes.

- 1. Whenever the pump alarms the camper must notify the counselor or Health Center staff.
- 2. The insulin delivered by the CLP is determined by individual's recent insulin. The vast majority of children need 10%-30% less insulin at camp than at home because of the higher activity level. Pump settings will be adjusted accordingly at intake.
- 3. We have Technology Facilitators at camp who are very familiar with diabetes technologies and they are available to handle problems 24/7.
- 4. Some CLPs are not FDA approved, e.g., "DIY closed loop systems." While a family may have become very comfortable with an unapproved device, we cannot risk the possibility of an unproven device having a dangerous malfunction at camp. Any such device must be used in manual mode at camp.

Revised 9/2023

Nejed Camp



LEARNING OPPORTUNITY FOR DAY CAMPERS 2024

(For campers without diabetes only – Please return to Camp by May 1, 2024)

Camper	Birthdate
Last Name	First Name
	e not only a great diabetes camp experience to those campers with diabetes but also ers without diabetes what it is like to live with diabetes whenever possible.
	we want to make it an <u>option</u> (not a requirement) for campers without diabetes rs) or feel what it is like to put in a pump infusion set (the site only, not an
	permission form AND the camper is comfortable will this opportunity occur for g this to any camper without diabetes, so even if you give your permission your
If you should have any questions, ple or 973-383-2611.	ease contact our Health Center Director at robin.greengrove@campnejeda.org
	per to have their finger pricked or test an infusion set supervised and performed by er may still decline to participate even with my permission.
☐ I give permission	
■ I do not give permission	
Parent Signature	Date



Day Camp Recommendations 2024

At Day Camp, the campers are extremely active throughout the day. In years past, there have been an abundance of low blood sugars causing most campers to sit out from activities more often than participating. We would like to share some recommendations to help prevent your child from going low and to enjoy Day Camp to the fullest.

- It is important that your camper eat a **good breakfast** every morning before camp.
- With the increased activity at camp, your camper may need **less insulin** coverage to prevent low blood sugar during, or after activities. Please discuss and strongly consider the following recommendations with your Endocrinologist:
 - a. A blood sugar target of 150 for every meal during the week of camp
 - b. Decreasing the **basal** insulin by **10%** for the full 24 hours, starting Monday morning through Saturday morning during the week of camp

It is important to note, parents **need** to make all insulin changes under the supervision of their child's endocrinologist. The nurses at Day Camp can give extra carbs for lows but **cannot** make any changes in the child's insulin regime while at day camp.

recommendations have been acknowledged.		
ENDOCRINOLOGIST SIGNATURE	DATE	
PARENT SIGNATURE	DATE	

Please have your child's endocrinologist as well a parent sign below to show these

NEJEDA DAY CAMP INTAKE FORM - 2024

This form must be filled out by the camper's endocrinologist within 3 weeks of the start of camp.

NAME:		_AGE:	ALLERGIES:	YI	EARS WITH DM:	SPEC #
SEIZURES/DKA/OTHER PRO	BLEMS:			PARENT CONCER	NS:	
SCHEDULED SNACK?		PERTINE	NT HEALTH HISTORY: _			A1C
HEIGHT:	WEIGHT:			CIRCLE INSULIN DELIVE	RY METHOD:	
CHECK INSULIN TYPES:				PUMP – BRAND:	SERIAL #	#
HUMALOG	LANTUS	TIME OF	DAY	CGM – BRAND:		
NOVOLOG	LEVEMIR	TIME OF I	DAY	SYRINGE/PEN – NEEDLI	E SIZE:	
APIDRA	BASAGLAR	TIME OF	DAY			
TRESIBA	NPH	UNITS	@	INSULIN SLIDING SCALE	E TO CORRECT HIGH SU	JGARS:
FIASP						
TARGET:				BLOOD SUGAR RANGE	UNITS O	F INSULIN
(IF RANGE, USE HIGHEST A	T HOME)					
CORRECTION FACTOR:						
(SENSITIVITY, ISF, INS:GLUC	COSE RATIO)					
INSULIN CARB RATIOS:		OR				
AM:						
LUNCH:						
PM:		_				
PLEASE PROVIDE PRE-PRIN		5		ARY CONTACT:		
OR INSULIN SCALES, <u>IF</u> USE	D AT HOME		RELA	TIONSHIP TO CAMPER:		
OTHER MEDICATIONS (I.E.	INHALERS)		PHON	NE NUMBER:		
			PARE	NT/GUARDIAN SIGNATUF	RE:	
,			REVIE	EWED & UPDATED WITH I	PARENT ON FIRST DAY	:
PHYSICIAN SIGNATURE:			NURS	SE'S SIGNATURE:		
DATE:			DATE	:		SULTITYPE 1 DIA
PRINT NAME & PHONE OF	MD OR STAMP:		·			A CAM



Administration of Medications 2024

Dear Parent/Guardian,

We need you and your child's doctor to complete this form to help us safely administer medicines (both prescribed and "over the counter") and supplements to minors (campers and a few counselors) at camp. Camp Nejeda prohibits campers and staff from having medication in their possession and from administering their own medication. If the nurse is to administer the medication, parental permission and a written statement from the physician prescribing the medication is required. This applies to all prescription and non-prescription medications or necessary "dietary supplements."

Please do not use this form for the following medications as we keep them in stock and have a standing order from our Medical Director to administer them as needed: insulin, acetaminophen (Tylenol), ibuprofen (Motrin, Advil), calcium carbonate (Tums), diphenhydramine (Benadryl), glucagon, cough drops, throat spray, epinephrine (Epi-pen) and Maalox/ Mylanta.

Please use a separate sheet for each medicine/supplement.

Provider Address: ___

Parent/Guardian Request f	or Administration of I	Medicine/	Supplement at Camp
I request that my child			
Receive			while at camp.
(Specify: medicine, by mout	th or other, dose and time(s) of	day)	
(Parent/Guardian Signatur	re)	(Date)	
Please bring medication to camp in it time(s) to be given and prescribing properties. Provider Request for Adm	rovider's name. Thank you for	your cooper	ation in this matter!
Name of Patient			-
Name of Drug/Supplement			
Dose:Time(s) o	f Administration		
Reason for Medication:			
Side Effects:			
Provider Name:	Signature:		

_Phone#



RiverWinds Indoor Climbing Wall

PLEASE PRINT CLEARLY

	Member		
(for Nejeda Day Camp - <u>Sou</u>	for Nejeda Day Camp - <u>South Jersey</u> campers only!)		
NameDate of Birth			
Address	City	State Zip	
Emergency Contact		Phone	
	Release of Liability/Agreement Not to Climbing Wall/or other Indoor or Outdoo		
INDOOR OR OUTDOOR OR DEATH. I AM VOLUN KNOWLEDGE OF THE D AND DANGERS INVOL	, AM AWARE THAT ROCK CLIMBING/A ACTIVITIES INCLUDE CERTAIN RISKS INCLUDING BU STARILY PARTICIPATING IN THIS ACTIVITY AND/OR IN DANGERS INVOLVED, AND HEREBY AGREE TO ACCEP WED. Please Initial Here	UT NOT LIMITED TO THE RISK OF INJURY STRUCTION ABOUT THIS ACTIVITY WITH T FULL RESPONSIBILITY FOR THE RISKS	
 I agree that I will not see (whether paid or volume artificial wall climbing) I agree that RiverWind injury, or damage of an an agree to use the clime. I agree that as to any expension of the control of the	sue, or otherwise make any claim against RiverWinds, West atteer), and contractors, for any loss, injuries or damages resignor other indoor or outdoor activities at RiverWinds Community Center, its employees, agents, and contractor my kind to me, my heirs, or assigns, resulting from any cause bing facilities according to the rules and regulations of Riverquipment, which I provide or borrow or rent from RiverWinder activity, I use at my own risk. I understand and agree that mage or injury resulting from the use of said equipment. Riverwind the law I agree to RELEASE, INDEMNIFY AND HOLE was, agents, and contractors from all actions or claims which the tive(s) for any loss, injury or damage sustained during and my or other indoor or outdoor activities at RiverWinds Communitation that it is as shall also be binding as to any other persons, including a gany minors who may accompany me. I understand that this expresentations, and is not intended to provide a comprehensing mass which are prohibited by law. ADTHIS AGREEMENT. IFULLY UNDERSTAND ITS CONTACT.	Deptford Township, or its employees, agents alting from participation in rock climbing/nunity Center. s, will not be legally responsible for any loss, e, including negligence. erWinds Community Center. ds Community Center during any climbing or RiverWinds Community Center shall not be rWinds Community Center makes no warran- D HARMLESS RIVERWINDS COMMUNITY could be brought by myself, my heirs, assigns esulting from participation in rock climbing/nunity Center including any loss, injury or all family members, heirs, executors or adminsis a binding contract which supersedes any we and complete release of liability, but is not a signed this Release.	
Date	Participant		
Must also be signed by pa	rent or legal guardian if Participant is a minor under 18 year	s of age.	
Date	Parent or Guardian		



CAMPER PACKING GUIDE

Please put camper's name on all belongings in a small bag or backpack for use at the camp program. No money or valuables are to be brought with the camper to the program. Camp Nejeda is not responsible for items lost, destroyed, or left at the program site. Camp Nejeda provides all diabetes supplies except pump and CGM supplies. Please review the form Pumps, Pens and Non-diabetes medications (enclosed) for important information on bringing those items to camp.

All campers should bring sturdy tennis shoes AND socks for use during the majority of the day. Flip-flops can ONLY be used while walking to and from the pool and **CANNOT** be worn as everyday footwear.

<u>For South Jersey Day Camp Only</u>: Campers should bring the following each day in a small bag or backpack: swimsuit (best to be worn under regular clothes, female staff and campers must wear a one-piece swimsuit), towel, and a change of clothes after the pool.

Campers should NOT bring: cell phones, swim fins, snorkels; candy, gum; knives, axes, and all cutting tools; matches, sparklers, caps, etc.; cigarettes, vapes, valuables and money. NO INSULIN OR MEDICATIONS are allowed with campers – they must be given to the nurse (who will always be at the program site).



A NOTE FROM THE MEDICAL COMMITTEE 2024

Camp Nejeda's Health Center staff are committed to (1) helping each camper have an enjoyable experience in a safe and healthy setting and (2) increasing the camper's knowledge about diabetes management. Good diabetes control is important for children with diabetes; however, life at camp is very different from life at home (e.g., meals and activity level) and therefore, diabetes management in a camp setting can pose special challenges. We recognize that we cannot always customize the management of your child's diabetes at camp as well as you do at home and we continue to do the best we can.

INSULIN DOSES: The medical staff usually prescribes lower insulin doses at camp than those used at home. Since we review every camper's blood glucose (BG) levels at least daily, we sometimes achieve better control than is achieved at home. It is possible that, despite our best effort, BG control may not be as good as it is at home. Regardless, the Health Center staff (nurses and doctors) will provide real-time feedback to help the camper understand the causes and effects in diabetes management. We give the insulin for food before the meals, which is best for diabetes control. Each camper is shown a menu and asked what s/he plans to eat. If s/he eats more than planned, additional insulin is given after the meal. Children using tubed pumps will get a morning dose of Levemir before water trips so their pumps can safely be disconnected for 12 hours.

HYPOGLYCEMIA TREATMENT: When a camper's glucose is low (less than 70 daytime, less than 100 nighttime), we use a standard treatment protocol for all campers. The camper is given glucose tablets (juice overnight) followed by a complex carbohydrate snack. For those in closed loop mode on a closed loop pump, we use a reduced treatment protocol. We cannot customize treatment for individual campers except in cases where there are medically documented dietary restrictions, e.g. gluten free. If your child experiences a hypoglycemic event while at camp and requires glucagon, we will be administering whichever type of glucagon is most readily available at the time and will notify you about the event.

SKILLS: The staff will assist campers who express an interest or appear ready to advance in their independent diabetes management skills, but no undue pressure will be applied. When a child demonstrates a new skill, such as using a new site, they are recognized by the camp at the next meal as a "sharp shooter".

INTAKE: When you bring your child to camp on Intake day you will meet with the Health Center staff. This is an opportunity to discuss any concerns or questions you may have regarding your child's care at camp. When you retrieve your child the Health Center staff will be available to review your child's diabetes record and answer your questions. To protect all the campers, we take each child's temperature and inspect them for lice and visible signs of infection on intake day. Any child with a fever or lice has to be sent home. (See Head Lice Policy form for details.)

The Health Center is staffed 24 hours a day and is able to handle everything from minor injuries to true emergencies should they arise. You can call the Health Center phone 973 383-8556 any time to check on your child's diabetes status, but you may have to leave a message if no one can answer your call immediately. Your call will be returned within 18 hours. For questions other than medical care, please call the main office 973 383-2611.

NOTIFICATION: Either a doctor or nurse will notify the camper's parent(s)/guardian(s) if a serious medical event occurs at camp. Notification may be done after the event is resolved, at the discretion of the HC staff. Events that warrant notification include (but are not limited to): a trip to Urgent Care or the Emergency Room, serious hypoglycemia (involving a seizure or loss of consciousness), severe ketoacidosis or dehydration, the need for prescription medication, any illness requiring an overnight stay in the Health Center or any medication error more serious than a minor insulin miscalculation.

Thank you, The Medical Committee 2024

Revised 9/2023



HEAD LICE POLICY

WHAT ARE HEAD LICE?

Head lice are tiny insects that live in, and lay eggs (nits) on, human hair. Head lice are highly contagious and often spread throughout a class or grade before being discovered. The sharing of a comb or a hat or putting a child's head on someone else's pillow case is all it takes to spread head lice from one person to another. The presence of lice has nothing to do with cleanliness and does not reflect poorly on you as a parent.

OUR POLICY IS:

All campers are checked for head lice upon arrival at the Health Center on the first day of camp. Campers with head lice are not able to attend Camp Nejeda. **Refunds can not be given.**

CHECK YOUR CHILD FOR HEAD LICE

<u>Check your child for head lice *before* she/he comes to camp</u>, especially if there has been an outbreak in their school system. It is advisable to check your child several weeks before camp because successful treatment can take several weeks.

Head lice themselves are not easily visible, but the nits (eggs) can be. Nits look much like spots of dandruff, but cannot be easily removed from the base of the hair they're attached to.

TREATING YOUR CHILD FOR HEAD LICE

Treatment needs to be performed at least two times a few days apart. Once to kill the living lice and again a few days later to kill lice that may have hatched since the first treatment. In addition to treating your child, wash bedding and clothing in hot water and dry on high for at least 20 minutes to kill possible "hitchhikers."

Ask your pharmacist, school nurse or physician for a treatment recommendation. There are nontoxic treatments available for head lice.

PREVENTING THE FURTHER SPREAD OF HEAD LICE

To prevent the re-infestation or spread of head lice you also need to check the rest of your household and alert anyone else your child might have had close contact with.

Rev. 9/2023



PUMPS, PENS AND NON-DIABETES MEDICATIONS

<u>INSULIN PUMPS</u> We try not to change Infusion sites during Day Camp. Please bring TWO changeouts to camp on intake day. Bring reservoirs, infusion sets, IV prep, dressings, and EMLA cream if used. Also bring extra batteries, your inserter; and anything else you use. Each camper's pump supplies are collected and labeled during intake and safely stored with medical staff. Unused supplies will be returned when come to collect your camper at the end of the week. *Please remember to pick up those supplies with your child so we don't have to charge you \$10 to ship them.*

PLEASE DO NOT ARRIVE AT CAMP NEEDING TO CHANGE YOUR PUMP SITE. <u>Please</u> change BEFORE or AFTER the camp day. Thanks!

<u>INSULIN PENS</u>: IF your child uses a pen with REFILL cartridges, please bring the PEN with you. It will be labeled with the camper's name and returned at the end of camp.

<u>CONTINUOUS GLUCOSE MONITORS (CGMs)</u>: We try not to change CGM sensors during Day Camp. Please bring an extra sensor and any other supplies used for sensor changes (IV prep, skintac, dressings, etc.)

NON-DIABETES MEDICATIONS:

- No medications, including over-the-counter items and vitamins, are permitted in the camper areas.
- For each medication (other than insulin) that your child takes, a separate *Administration of Medication* form must be filled out by both a parent/guardian and the prescribing doctor.
- All medications must be brought to the health staff during Intake. They will be labeled and safely stored with them.
- All prescriptions must be **in their original bottle with a pharmacy label.** If the current dose does not match the dose on the label you must also bring a written note or prescription from the prescribing physician. Otherwise, we cannot accept/dispense it. (Please send a few extra pills for the session in case one is dropped.)
- All medications are dispensed by the medical staff.
- Over-the-counter (OTC, non-prescription) medicines (including vitamins) will NOT be administered at camp unless you provide a signed request from the child's physician that we do so. (See *Administration of Medication at Camp* form)
- If your child takes allergy or asthma medication, **PLEASE** remember to bring it to camp (with a doctor's order See *Administration of Medication at Camp* form) even if he/she has not used it recently. Allergies may be triggered in the camp environment.

updated 2023



Camper Internet and Technology Policy

Camp Nejeda has been offering children and young adults living with diabetes fun activities since 1958. Camp Nejeda Foundation's mission "is to enhance the lives of people with type 1 diabetes and their families through education, empowerment, camaraderie, supportive programs, and fun."

It has been our experience that electronic devices that allow a camper access to the internet or allow a camper to watch videos take away from Camp Nejeda's ability to serve campers and, in some cases, prevent campers from having the positive experience that they deserve.

It is our decision and policy that campers should not have technology/devices that allow access to the internet, videos, and electronic games while at camp – this in addition to cell phones, which are already on the "do not pack" list sent to parents and campers (please refer to the CGM Policy for exceptions). We believe that this policy and practice will:

- ✔ Encourage our campers to socialize with one another
- ✓ Give campers a much-needed break from the world of technology
- ✓ Allow campers to fully embrace the connections they make with other campers
- ✓ Ensure that campers are not exposed to age-inappropriate material

Examples of technology/devices that should

NOT be brought to camp:

- ✓ Laptop computers
- ✓ iPod Touches or iPods with video
- ✔ Handheld game devices
- ✓ Cell phones (see CGM and Cell Phone Policies for exceptions)
- ✓ Devices that access the internet (including smart watches)

Examples of technology/devices that are **ok to bring to camp** - as long as they remain in the cabin and are used with permission:

- ✓ iPods without video
- ✓ mp3 player devices (without video)
- ✓ Music players (With headphones and without video)

Camp Nejeda is not responsible for lost or stolen personal items. Therefore, it is recommended that valuables not be brought to camp. The permitted items listed above are simply that – permitted, not suggested.

We at Camp Nejeda firmly believe that this policy will promote the beauty and experience of camp - and help to deepen the important relationships that are able to develop because of the simple fact that all of the campers have diabetes.

If you should have any questions, please do not hesitate to contact us at 973-383-2611 or *information@campnejeda.org*.

Day Camp Important Dates

Today:

Upon registration, you completed the following Mandatory Forms:

Health History

Developmental History

Insulin Contract and Behavior Agreement

CGM & Cell Phone Policy

Medical Privacy (HIPAA)

Closed-Loop Insulin Pumps

Learning Opportunities for Day Campers

February 1st:

First Payment of Payment Plan (if you signed up when you registered)

If you did NOT sign up for a Payment Plan & now want to, please

email barbara@campnejeda.org or call the office at 973-383-2611

March 1st:

Upload or submit photocopy of child's immunization record(s) [no form enclosed]
-Records can be obtained from your child's doctor or school nurse

Early Spring:

Make an appointment with your child's licensed diabetes healthcare provider for within 3-weeks of when Day Camp starts so the Camp Intake and Day Camp Recommendation forms can be completed. These forms are due within 10 business days BEFORE the session begins.

Remember to download and print a copy of the Intake Form and Day Camp

Recommendations Form and bring it with you to your child's diabetes care appointment

If your child takes medications (other than insulin), make appointments (if required) with your child's prescribing doctor(s) and have the doctor(s) fill out the Administration of Medication form(s). *PLEASE REMEMBER*: each medication goes on its own form.

This form is due May 1st

April 15th:

If you're applying for Financial Aid, be sure your application has been submitted online AND all required documents have been uploaded/submitted

May 1st:

FINAL PAYMENT is DUE

FORM(S) DUE: Administration of Medications

Forms Due At Least 10 business days BEFORE Camp Session Starts:

Nejeda Day Camp Intake Form (must be completed by your endocrinologist within 3 weeks of Camp session) Day Camp Recommendations

Upload a copy Health Insurance and Prescription card(s)

Forms Due on Intake Day:

RiverWinds Release (for South Jersey campers only)

IMPORTANT NOTE:

If you are registering your child after due dates for forms and/or payments, please submit them within a week of registering your child. If you have questions, please call our office at 973-383-2611.