



Continuous Glucose Monitors (CGM) and Cell Phones – Day Camp 2023

(Please read, sign and return if applicable)

Camper _____ Birthdate _____ Session _____

Cell Phones

At Camp Nejeda we keep campers as safe and healthy as we can while they have fun and learn. Many diabetes devices require that a camper have a cell phone nearby to continuously monitor their glucose or control their insulin pump. The cellphone is permitted as a medical device only; using the cell phone for other purposes is not allowed at camp.

1. Nejeda will not be responsible if the cell phone or CGM receiver is lost, stolen or damaged.
2. Before you come to camp, you must label the cell phone with the camper's name.
3. Upon arrival at camp, the parent must hand the phone to the nurse. Upon departure from camp, the nurse will hand the cell phone back to the parent.
4. During the camp session, the phone will be carried by the staff.
5. Campers will not be allowed to use the phone to call, text, take pictures or access the internet. Taking pictures is prohibited because other campers have not consented to have their pictures taken.
6. Failure by campers and/or parents to follow these rules will result in the cell phone being turned off and can also result in camper being sent home from camp.

CGMs

This policy and procedure is intended to allow the maximum benefit from CGMs with the least burden for the camper, counselor, and medical staff.

CGMs potentially reduce the risk of missing important hypo- or hyperglycemia and, for those models that are FDA approved, provide an alternative to finger stick glucose measurements. CGMs require responding to their alarms, which may require a check of blood glucose with a meter. Since CGMs monitor the glucose surrounding the cells (interstitial) instead of blood glucose, the readings are delayed by about 15 minutes compared to blood glucose.

1. Whenever possible, CGM readings will be used to manage a camper's diabetes. There may be times when a finger stick is necessary.
2. CGM readings will be used for dosing only on devices approved to do so by the FDA. If your child is using either a receiver or a phone for CGM monitoring, please label it with the camper's name before you get to camp.
3. Because camp is noisy, we recommend any receiver alarm to be set at its loudest. We recommend that the repeat alarm interval should be set at 30 minutes for a low glucose and 120 minutes for a high glucose. Please do this prior to arriving at camp.
4. If the CGM becomes dislodged at any time throughout the day, the camper will need to be able to self-manage the reinsertion process, or it will be left out for the remainder of the day.

CGM receiver make, model & serial number (if any): _____

Cell Phone make, model & color (if any): _____

I have read and understand the above Nejeda policy regarding Cell Phones and Continuous Glucose Monitors.

Parent's signature _____ Date _____

Camper's signature _____ Date _____

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