



A NOTE FROM THE MEDICAL COMMITTEE - DAY CAMPS

Camp Neveda's Health Center staff is committed to (1) helping each camper have an enjoyable recreational experience in a safe and healthy setting and (2) increasing the camper's knowledge about diabetes management. We believe that good diabetes control is important and necessary for children with diabetes; however, life at camp is very different from life at home (e.g. meals and activity level) and therefore, diabetes management in a camp setting can pose special challenges.

INSULIN DOSES: The medical staff usually prescribes different insulin doses at camp than those used at home. Since we are reviewing every camper's blood glucose (BG) levels daily, we sometimes achieve better control than is achieved at home. It is possible that, despite our best effort, BG control may not be as good as it is at home. No matter what, the Nurses and staff will provide real-time feedback to help the camper understand the causes and effects in diabetes management

SNACKS: Snacks at camp are chosen based on their carbohydrate and fat content and also the time of day the snack is given and planned camp activities. At times the campers will be offered snacks and food choices that may contain more carbs than what they are permitted at home.

SKILLS: The staff will assist campers who express an interest or appear ready to advance in their independent diabetes management skills, but no undue pressure will be applied.

INTAKE: When you bring your child to camp on Intake day you will meet with the medical staff. This is an opportunity to discuss any concerns or questions you may have regarding your child's diabetes care at camp. When you come to retrieve your child the medical staff will be available to review your child's diabetes record and answer your questions.

To protect all the campers we take each child's temperature and inspect them for lice and visible signs of infection on intake day. Any child with a fever or lice has to be sent home. (See Lice Policy form for details.)

SICK CALL: Should your camper have a non-emergency medical concern while at camp they can visit with a nurse at any time.

NOTIFICATION: An attempt to notify a camper's parent(s)/guardian(s) is made if a serious medical event occurs at camp. Notification may be done after the event is resolved, at the discretion of the HC staff. Events that warrant notification include (but are not limited to): a trip to the Emergency Room, serious hypoglycemia (involving a seizure, loss of consciousness), any condition requiring treatment with intravenous fluids or prescription medications.

Thank you,

The Medical Committee

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