

# Family Camp Important Dates

## Today:

### **Upon registration, you completed the following Mandatory Forms:**

- Attendee Information (for each family member)
- Family Camp Questionnaire
- Family Nutrition History
- Family Camp Publicity Release

## May 11<sup>th</sup>:

**OPEN HOUSE 12 pm – 4 pm** (Camp Neveda Campground ONLY- no Day Camp locations)

A perfect time for new campers & their families to tour our campus, meet staff & ask questions

## **JUNE Family Camp – June 21-23**

## April 19<sup>th</sup>:

**FINAL PAYMENT DUE**

## June:

Consult Family Camp Packing Guide and start packing for next weekend.

## **BOTH AUGUST Family Camps – 1=August 18-20 2= August 22-24**

## May 20<sup>th</sup>:

**FINAL PAYMENT DUE**

## August:

Consult Family Camp Packing Guide and start packing for next week's Family Camp.

## **Labor Day Family Camp – August 31 – September 2**

## June 30<sup>th</sup>:

**FINAL PAYMENT DUE**

## August:

Consult Family Camp Packing Guide and start packing for next weekend.

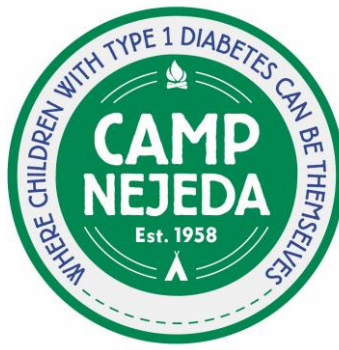
## **Mini-Family Camp – October 12**

## August 12<sup>th</sup>:

**FINAL PAYMENT DUE**

### **IMPORTANT NOTE:**

*If you are registering your child after due dates for forms and/or payments, please submit them within a week of registering your child. If you have questions, please call our office at 973-383-2611.*



## Nejeda Family Camps 2024

Family Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please list all family members attending. Include ages of children.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

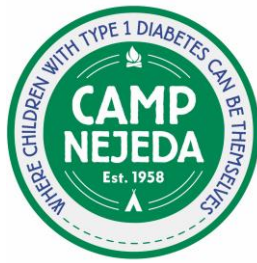
I hereby give permission for Camp Nejeda to use the name and/ or picture image or other likeness of the above-named individuals in connection with any promotion, educational material or any other purpose deemed necessary by Camp Nejeda.

Yes \_\_\_\_\_

No \_\_\_\_\_

Signature \_\_\_\_\_

Please mail back to camp no later than May 1st or within one week of registering for family camp (whichever date is earlier).



Family Name \_\_\_\_\_

## Nejeda Family Camps 2024

In an attempt to meet your needs in dealing with diabetes as a family challenge, we have developed the following questionnaire. Please feel free to write in topics which we may have missed and to elaborate your specific concerns about any of the topics listed.

Please check off those issues which are of particular concern to you:

- Understanding physical aspects of diabetes.
- Setting attainable goals for your child. (How much should I expect and when?)
- Dealing with diet.
- Coping with feelings of guilt.
- Anticipating future problems.
- Impact of diabetes on family/siblings.
- What's available-current technology.

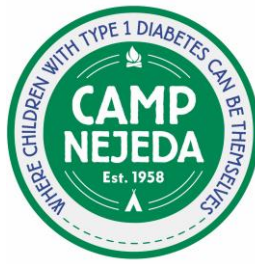
Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Families are assigned a camp counselor for the duration of the weekend. Please indicate if your family has a preference for a male counselor, female counselor, or no preference:

- Male Counselor
- Female Counselor
- No Preference

Please mail this form back to camp no later than May 1st or within one week of registering for Family Camp (whichever is earlier).

Thank you,  
Camp Nejeda



# FAMILY NUTRITION HISTORY

Please complete this form as thoroughly as possible so that our staff may plan accordingly. Meals are served "family style" at Camp Neveda.

Family Name: \_\_\_\_\_ Session: \_\_\_\_\_

1. What best describes your family's approach to food and meals?

- Carbohydrate Counting
- No Concentrated Sweets
- Vegetarian
- Other:

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2. Does anyone attending Family Camp have any of the following?

- Celiac Disease (gluten intolerance)
- Lactose (milk) intolerance
- Food allergies - please describe and list foods they cannot have:

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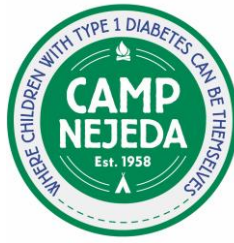
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- I accept **responsibility** for my care and the care of my family while at Camp Nejeda.
- **Image Release:** I give permission for the use of pictures, images or other likenesses of my child and/or family to be used for promotion, educational material or other purpose deemed necessary by the Camp Nejeda Foundation, Inc.
- **Cancellations / Refunds:** Fees (minus the registration fee) will be refunded up until 2 months before the camper's session begins. Within two months of the session, a refund or credit will be applied if the camper's spot is able to be filled. Registration fees are refundable until May 1 unless the camp program is canceled by Camp Nejeda.
- **Communications with Families:** Camp Nejeda communicates with parent(s)/guardian(s) of campers using assorted communication tools including email, telephone, text, and US Mail. I give permission for Camp Nejeda to send communications to the family - *please do not opt-out/unsubscribe.*"

Signature \_\_\_\_\_ Date \_\_\_\_\_

Relationship to Camper \_\_\_\_\_



# FAMILY CAMP PACKING GUIDE

## THINGS TO BRING:

For everyday use at camp pack OLD CLOTHES.

- |                                                                        |                                                                                       |
|------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <input type="checkbox"/> insulin and all diabetes supplies             | <input type="checkbox"/> blankets                                                     |
| <input type="checkbox"/> shirts                                        | <input type="checkbox"/> sheets (twin size)                                           |
| <input type="checkbox"/> socks, shoes                                  | <input type="checkbox"/> pillow w/case                                                |
| <input type="checkbox"/> swimsuits                                     | <input type="checkbox"/> tissues (box)                                                |
| <input type="checkbox"/> short pants                                   | <input type="checkbox"/> robe or wrap and flip-flops for trips to the shower building |
| <input type="checkbox"/> long pants (for warmth and insect protection) | <input type="checkbox"/> towels                                                       |
| <input type="checkbox"/> sweaters/sweatshirt                           | <input type="checkbox"/> toiletry articles                                            |
| <input type="checkbox"/> pajamas                                       | <input type="checkbox"/> bug spray                                                    |
| <input type="checkbox"/> extra underwear                               | <input type="checkbox"/> laundry bags                                                 |
| <input type="checkbox"/> raincoat/poncho                               | <input type="checkbox"/> sunscreen                                                    |
| <input type="checkbox"/> flashlight (extra batteries)                  |                                                                                       |

Extra blankets may be a good idea, too. It can get cold at night.

**Please bring a silly hat for everyone in your family for the Silly Hat Lunch!**

## OPTIONAL ITEMS:

- |                                           |                                                                                 |
|-------------------------------------------|---------------------------------------------------------------------------------|
| <input type="checkbox"/> fishing gear     | <input type="checkbox"/> personal sports equipment (baseball glove, pads, etc.) |
| <input type="checkbox"/> bicycle w/helmet |                                                                                 |

We have all your basic sports equipment for ball sports, etc.

## THINGS NOT TO BRING:

- |                                           |                                                              |
|-------------------------------------------|--------------------------------------------------------------|
| - No pets are allowed                     | - Firearms are not permitted                                 |
| - Alcohol is not permitted on the grounds | - Illegal items or substances are not allowed on the grounds |
| - Rollerskates or Rollerblades            |                                                              |

*Camp Nejeda cannot be responsible for anything lost, destroyed, or left at camp.*